

Lunch Menn

STARTERS

Crispy Calamari Rings parmesan dusted served with marinara sauce and lemon 11

Chilled Smoked Fish Dip served with flatbread crackers and fresh veggies 8

Loaded Potato Nachos fresh potato chips topped with bacon, cheese, sour cream and green onion 8

Sesame Seared Tuna pan seared ahi tuna served over baby greens with a wasabi soy dip 12

Chicken Wings eight chicken wings buffalo, bbq or teriyaki 10

Mini Beef Sliders three mini burgers, soft bakery buns with a jalapeno ketchup 9

Coastal Crab Cake sauteed spinach, grilled tomato and a chipotle aioli 9

Goat Cheese Fondue herb goat cheese with lavender honey and Cuban bread crisps 8

Soup of the Day 5

SALADS

ADD CHICKEN 4 SHRIMP 6 STEAK 8 MAHI 8 SALMON 8 DRESSINGS: RANCH, BLEU CHEESE, CAESAR, BALSAMIC VINAIGRETTE, GREEK VINAIGRETTE, THOUSAND ISLAND, SESAME VINAIGRETTE AND AVOCADO RANCH

House Salad

romaine lettuce, cucumbers, tomatoes, onions, shredded cheese with focaccia croutons and choice of dressing 8

Greek Salad

romaine lettuce, cucumbers, tomatoes, onions, feta cheese, pepperoncini, and kalamata olives tossed in a Greek vinaigrette 11

Caesar Salad

romaine lettuce, fresh parmesan, focaccia croutons & tomato wedges tossed with a creamy dressing 11

Thai Shrimp Salad

baby greens, mango papaya salsa, crisp noodles and seasoned shrimp tossed in a sesame vinaigrette 15

Crispy Chicken Salad

romaine lettuce, crispy chicken, carrots, tomatoes, bacon, candied walnuts and shredded cheese served with avocado ranch dressing 13

Turkey Cobb Salad

romaine lettuce, diced egg, bacon, tomatoes, cucumbers, shredded cheese and diced turkey breast with choice of dressing 12

PIZZA AND PASTA

Penne Pasta roasted tomato sauce, spinach, sun-dried tomatoes and kalamata olives 15 add chicken 4 shrimp 6

Fresh Baked Pizza mozzarella cheese with a fire roasted tomato sauce and choice of pepperoni, ham, bacon, peppers, onions and mushrooms Small 8 Large 12

SIGNATURE SANDWICHES

CHOICE OF FRENCH FRIES, SWEET POTATO FRIES, HOMEMADE POTATO CHIPS, FRUIT OR SIDE SALAD

Hamburger Platter half pound grilled burger, lettuce, tomato, onion, pickle and choice of cheese 12

Florida Mahi Mahi blackened or grilled on a brioche bun with chipotle mayo 14

Pan Seared Turkey Burger onion marmalade and a grilled tomato served on a brioche bun 12

Plantation Club smoked turkey breast, bacon, lettuce, tomato and mayo on white, wheat or rye toast 12

✤ Signature Crab Cake

homemade crab cake served on a brioche bun with chipotle mayo 14

Blackened Chicken Caesar Wrap chopped romaine and parmesan cheese tossed in a creamy Caesar dressing 12

Churrasco Steak

grilled skirt steak, sauteed peppers and onions with pepper jack cheese on a ciabatta roll 14

Chicken Portabello Panini

grilled mojo marinated chicken, fresh mozzarella, tomato and grilled portabello mushrooms 12

SHERATON TRADITIONS

Mojo Chicken

mojo glazed half chicken roasted and served with sour cream mashed potatoes and seasonal vegetables 17

Marinated Skirt Steak

grilled and topped with chimichurri and served with oven roasted fingerling potatoes and seasonal vegetables 25

Citrus Glazed Salmon

pan seared Atlantic salmon topped with a sweet orange reduction and served with rice pilaf and seasonal vegetables 23

✤ - House Specials

The consumption of raw or undercooked meat increases your risk of food-borne illness